















Our Learning Newsletter: Autumn 1

 <p style="text-align: center;">English</p> 	 <p style="text-align: center;">Maths</p> 
<p style="text-align: center;">In school we are learning:</p> <p>To begin our term we will be writing and talking about our summer holidays.</p> <p>Our book for this term is Matilda by Roald Dahl. Matilda will be the basis of all our English lessons and we will be using the film and the musical to enhance our learning. We will be writing and filming a short scene towards the end of term.</p> <p style="text-align: center;">Home learning opportunities:</p> <p>Watch Matilda the film or the musical. Listen to the audiobook. Look at some of the illustrations of the book. Talk about the story and retell it, looking at the beginning, middle and end.</p>	<p style="text-align: center;">In school we are learning:</p> <p>We are focusing on number and calculations. We will be using money so there is a real-life application to the subject. Towards the end of term we will be learning about shape.</p> <p style="text-align: center;">Home learning opportunities:</p> <p>Count coins together and work on identifying the different coins. Use pennies to practise counting in 1's, adding and subtracting. You might choose to produce a snack menu with prices. The children have coins (real or play coins) and pay for their snacks.</p>
 <p style="text-align: center;">PSHE</p> 	 <p style="text-align: center;">Computing</p> 
<p style="text-align: center;">In school we are learning:</p> <p>How to maintain our mental health. We will be looking at our emotions and creating tool kits to help us manage them. We will be also be learning some mindfulness techniques to support our wellbeing.</p> <p style="text-align: center;">Home learning opportunities:</p> <p>We will be sending home a copy of the regulation toolkit that the children will complete. Please feel free to let us know anything that helps your child to manage their emotions as we can then use that in school as well. You Tube has some excellent videos for children's mindfulness, there is a link at the bottom of the letter.</p>	<p style="text-align: center;">In school we are learning:</p> <p>About using images and painting in IT.</p> <p style="text-align: center;">Home learning opportunities:</p> <p>Take selfies together and use filters to change them. On a tablet download drawing and painting apps that support creativity.</p>

 <h2 style="text-align: center;">Life Skills</h2> 	 <h2 style="text-align: center;">PE</h2> 
<p style="text-align: center;">In school we are learning:</p> <p>The importance of healthy diet and healthy lifestyle. The children will be looking at healthy and unhealthy foods throughout the term and will also look at the different food groups. We will also implement this by going to the independence room and making healthy meals. This will lead to the children being able to make healthy food choices</p> <p style="text-align: center;">Home learning opportunities:</p> <p>When out shopping with your children speak to your children about healthy food choices and ask questions on what would make a healthy balanced meal.</p>	<p style="text-align: center;">In school we are learning:</p> <p>This term we will be doing athletics. We will be doing a range of different athletic activities all leading to a Mini Olympics in which pupils will be able to compete against each other.</p> <p style="text-align: center;">Home learning opportunities:</p> <p>Encourage your children to be physically active and show some of the skills they have learned in the lessons.</p>
 <h2 style="text-align: center;">Discovery Days</h2> 	
<p style="text-align: center;">In our discovery days we will be focussing on humanities, science, RE and creative subjects.</p> <p style="text-align: center;">For our geography this term we are learning about:</p> <p style="text-align: center;">How Southampton has changed through time.</p> <p style="text-align: center;">Home learning opportunities</p> <p>Explore the oldest parts of Southampton. Visit the Tudor House (fully accessible) or God's House Tower. Walk near Mayflower Park and experience where the sea used to come up to. When driving through Southampton talk about the different kinds of ships that come into the Port. Watch a cruise ship set sail, this is a link to a live web cam. https://www.youtube.com/watch?v=9eHLgQY4qA</p>	

Useful Websites/Apps

Some of these may require login information. Please speak to your class teacher or child's key worker for details.

- **Think U Know** <https://www.thinkuknow.co.uk/parents/home-activity-worksheets/>
- **Be Internet Legends** https://beinternetlegends.withgoogle.com/en_uk/parents/adventure
- **Numbots** <https://play.numbots.com/> (also available as an app)
- **The Human Body** <https://www.bbc.co.uk/bitesize/topics/z7x78xs>
- **Teach Your Monster** <https://www.teachyourmonster.org/> (free apps for phonics, reading for pleasure, number skills etc.)
- **PurpleMash** <https://www.purplemash.com/sch/thecedar-so16#/> (range of activities)
- **Times Tables Rockstars** <https://play.ttrockstars.com/>

- StoryLine Online <https://storylineonline.net/>

<https://boost-learning.com/>

<https://www.youtube.com/@bbcteach>

<https://www.bbc.co.uk/cbbc/shows/horrible-histories>

<https://www.childrensmentalhealthweek.org.uk/families/#resources>

https://beinternetawesome.withgoogle.com/en_uk/

<https://www.youtube.com/watch?v=tSfExfrP1oI>

https://www.youtube.com/results?search_query=mindfulness+meditation+for+kids

Class Reminders

Please let the class teacher know if you would like homework to continue coming home each week.